

# Mothering from the War Zone

**In honor of Mother's Day, here's a look at how some military moms dealt with separations from family during long deployments.**

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Parents who have had to leave their children for an extended period of time can attest to the difficulties the absence can cause. Those serving in the military know this all too well. And those with no spouse with whom their children can stay during deployments find themselves in an even worse situation.

This Mother's Day, the VFW pays tribute to moms who have sacrificed by leaving their children behind for overseas deployments.

Here's a look at some of those mothers, and in their own words, how deploying overseas affected them and their children.

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